

# WILD EARTH

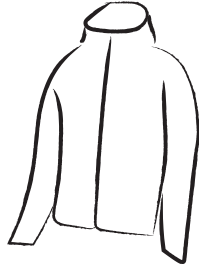
## 3 Capes

# PACKING CHECKLIST



### INSULATION

- Rain Jacket
- Fleece Jacket
- Down Jacket
- Waterproof Pants



### FOOTWEAR

- Hiking Boots
- Camp Sandals/ Tevas
- 5x Pairs of Socks



### TOPS

- 5x Shirts (Extra one for camp)
- 1x Button up/ Overshirt
- 1x Pajama Shirt



### BOTTOMS

- 2-3x Long Pants
- 1x Shorts
- 1x Trackpants



### BASELAYERS

- Thermal Top
- Thermal Bottom
- Sports Bras
- Underwear
- Gloves



### HEADWEAR

- Bucket Hat
- Cap
- Beanie
- Sunglasses



### HYDRATION

- Hydration Bladder
- Nalgene Water Bottle
- Purifying Tablets/ Katadyn BeFree Purifier Bottle

### SLEEP SYSTEM

- Sleeping Bag (Rated to -5 or better)
- Pillow
- Sleeping Bag Liner
- Eye Mask/ Ear Plugs



### TECH

- Headlamp
- Portable Chargers
- Cables



### PACK

- 50-60L Hiking Pack
- Waterproof Pack Cover
- Inner Dry Sacks/ Sacks
- Dirty Clothes Bag
- Stuffable Day Pack



### MEALS

- 4x Breakfasts
- 3x Lunches
- 4x Dinners
- Snacks
- Tea/Coffee
- 1x Bowl
- 1x Spork
- 1x Cup
- 1x Long Spoon
- Biodegradable Soap
- TomBag/ Rubbish Bags



### HYGIENE/SAFETY

- Sunscreen
- Insect Repellent
- Biodegradable Body Wipes
- Travel Towel
- Toothbrush & Toothpaste
- Deodorant
- Personal Medication
- First Aid Kit
- Toilet Paper/ Trowel
- Pocket knife
- Salt (For leeches)
- Blister Wool



### EXTRAS

- Binoculars
- Swimmers (Opportunity to swim the first and last day)
- Hiking Poles
- Book/ Cards/ Puzzle Book/ etc.