

WILD EARTH

3 CAPES PACKING LIST

PACKS

- ☐ 50-60L Hiking Pack / Waterproof Cover
- ☐ Dry Bags
- ☐ Dirty Clothes Bag
- ☐ Stuffable Day Pack

CLOTHING

- ☐ Rain Jacket
- ☐ Waterproof Pants
- ☐ Fleece Jacket
- ☐ Down Jacket
- ☐ 3x Shirts (preferably merino)
- ☐ 1x Button Up / Overshirt
- ☐ 1x Pajama Shirt
- ☐ 1x Long Pants / Leggings
- ☐ 1x Shorts
- ☐ 1x Trackpants
- ☐ Thermal Top & Bottom
- ☐ Sports Bras / Underwear
- ☐ Gloves
- ☐ Bucket Hat or Cap
- ☐ Beanie
- ☐ Sunglasses

FOOTWEAR

- ☐ Hiking Boots
- ☐ Camp Sandals
- ☐ 3x Pairs Merino Socks

HYDRATION

- ☐ Hydration Bladder
- ☐ Water Bottle
- ☐ Purifying Tablets or Filter Bottle

TECH

- ☐ Headlamp
- ☐ Portable Chargers / Cables

SLEEP SYSTEM

- ☐ Sleeping Bag (rated to -5 C or better)
- ☐ Pillow
- ☐ Sleeping Bag Liner
- ☐ Eye Mask / Ear Plugs

MEALS

- ☐ 4x Breakfasts & Lunch & Dinner
- ☐ Snacks / Tea / Coffee
- ☐ 1x Bowl / 1x Cup
- ☐ 1x Spork / 1x Long Spoon
- ☐ Biodegradable Soap
- ☐ Rubbish Bags or Dry Bag

HYGIENE & TOILETRIES

- ☐ Sunscreen / Insect Repellent
- ☐ Biodegradable Body Wipes
- ☐ Travel Towel
- ☐ Toothbrush & Toothpaste / Deodorant
- ☐ Toilet Paper / Trowel
- ☐ Personal Medication

SAFETY & EMERGENCY

- ☐ First Aid Kit (Snake Bandage, Emergency Blanket)
- ☐ Blister Protection & Care
- ☐ Personal Locator Beacon / Whistle
- ☐ Pocket Knife
- ☐ Salt (for leeches)

EXTRAS

- ☐ Binoculars
- ☐ Swimmers (first & last day swims)
- ☐ Hiking Poles
- ☐ Book / Cards / Puzzle Book

