

WILD EARTH

THORSBORNE TRAIL CHECKLIST

PACK

- 50-60L Hiking Pack
- Waterproof Pack Cover
- Dry Bags/Sacks
- Lightweight Day Pack (For Day Trips)

CLOTHING

- Waterproof Jacket & Pants
- Quick Dry Shirts (Min 2x, At Least 1 Long Sleeve)
- Shorts/Hiking Pants/Tights (Min 2x)
- Lightweight Fleece
- Quick Dry Underwear
- Swimmers
- Spare Pair Of Pants (Optional)

FOOTWEAR

- Hiking Boots
- Trail Runners Or Hiking Sandals
- Socks (Min 2x Pairs)
- Spare Pair Of Shoes (Optional)

SHELTER

- Tent
- Lightweight Tarp/Footprint

SLEEP SYSTEM

- Lightweight Summer Sleeping Bag
- Sleeping Bag Liner
- Sleeping Pad
- Packable Camp Pillow

HYGIENE/TOILETRIES

- Biodegradable Body Wipes
- Quick Dry Lightweight Towel
- Toothbrush & Toothpaste
- Deodorant
- Toilet Paper/Trowel

SAFETY & EMERGENCY

- First Aid Kit
- Sunscreen / Insect Repellent
- Blister Protection
- Emergency Beacon
- Personal Medication

COOKING

- Lightweight Hiking Stove
- Fuel
- Matches/Lighter
- Cook Pot
- Cutlery
- Pocket Knife
- Dishwashing Kit
- Rubbish Bags

FOOD & DRINK

- Meals
(3x Breakfast, 4x Lunch, 3x Dinner + 1 Spare Day)
- Snacks
(Energy Bars, Dried Fruit & Nuts)
- Tea/Coffee/Soup
- Electrolytes
- Water Bottle/Bladder (Min 4L Total)
- Cup/Thermos
- Water Filtration System

TECH & NAVIGATION

- Headlamp/ Lantern
- Phone / Pre-Downloaded Maps
- GPS Device
- Portable Chargers/Powerbank
- Solar Charger
- Physical Map & List Of Tide Times

EXTRAS

- Hiking Poles
- Lightweight Hiking Chair
- Camera
- Binoculars
- Games (Frisbee/Playing Cards/Puzzles)
- Book/E-Reader
- Treats (Desserts/Beverages)

